

ASK THE HAPPY CHICKEN:

So what's the REAL difference between brown eggs and white eggs?

No seriously, we do not bleach them white! The difference in egg shell color is simply based on the differences in breed of the hens. White eggs come from hens with white feathers and ear lobes, and brown eggs come from hens with red feathers and ear lobes. Yep, it really is as simple as that.

Brown eggs cost more to produce than white eggs because the brown layers are a larger bird requiring more feed to maintain body metabolism. Feed cost is the number one expense for egg production.

The nutritional density for both white and brown is the same assuming the same feed rations. Both have the same amount of calories as well; about 74 per egg. That is some of the highest quality protein for the buck and calorie count!